Florence Nightingale in England
9 – 14 October 2014

“All guides had exceptional knowledge, made connections with all the correct people - I learned a lot and their enthusiasm has made me want to go home and learn even more about Florence Nightingale’s life.”

Linda Brown, Florence Nightingale tour to England, June 2013
Follow in the footsteps of Florence Nightingale on a specially designed tour that brings her remarkable history to life.

This tour immerses you in her life in England, before she travelled to the battlefields of the Crimea and the hospital at Scutari in Istanbul, where the wounded arrived in their thousands. It was the shocking conditions that she encountered during the war that spurred her on in her campaign to improve conditions in army hospitals, which continued throughout her life and helped establish modern nursing practice. In London, which formed the centre of her professional life, hear how she campaigned for improvements in health care, hygiene and nursing. Travel to Hampshire in southern England and visit grand Embley Park, a former home of the wealthy Nightingale family, and the Nightingale family burial site, as well as one of her childhood homes in Lea Hurst in Derbyshire. Throughout the tour you will hear talks from your expert tour leader, Alex Attewell, as well as local experts.

Arrive in London and transfer to your hotel in the West End. Spend the afternoon at leisure before hearing a talk about Nightingale’s life and times from your tour leader, Alex Attewell. Enjoy a welcome dinner with the group in the evening.

Alex will give a talk the next morning on the lessons learnt from Scutari, before you set off on a walking tour of central London via public transport. Visit the atmospheric and suitably gothic Gordon Museum of Medical History in Guy’s Hospital, the Old Operating Theatre and Nightingale’s St Thomas’ Hospital, finishing with a visit to the Florence Nightingale Museum. There is the option of taking in a West End show in the evening.
Drive into the lovely rolling countryside of Hampshire the next morning to visit the ancient stone circle of Stonehenge. Continue to St Margaret’s Church in West Wellow, the Nightingale family burial site. This small church was founded in 1215, the year of the signing of the Magna Carta, and contains in one window the ‘Scutari Cross’, originally made of bullets from the Crimea. Beside it is a framed text, which was hanging in Florence Nightingale’s bedroom when she died. Pay your respects at the grave of Florence Nightingale before continuing to grand Embley Park, a former home of the wealthy Nightingale family, now a school. Alex Attewell will give a talk on nursing icons.

Drive to Winchester in the afternoon, an ancient city that was the first capital of England, and take a guided tour of historic Winchester Cathedral. There will be time at leisure to wander around the attractive town, which was home to various luminaries such as Jane Austen. Return to London.

Next morning meet with the Chair of the Florence Nightingale Derbyshire Association, Pat Smedley, who will accompany you on your drive into rural England to visit Nightingale’s childhood home in the Amber Valley in Derbyshire. Nightingale returned here by train to Whatstandwell Station when she came back from Scutari and the original platform is still in use today. Stand on the platform upon which Nightingale alighted after what was no doubt an emotionally charged journey, before she walked to Lea Hurst, one of the homes of her childhood. Pat Smedley will give an informal talk on Nightingale in Derbyshire and you can explore Lea village, where Nightingale lived, and stop for lunch at her local pub, the seventeenth century Jug and Glass inn. Return to London later that afternoon.

The following morning is at leisure, with the option of taking a guided tour through the elegant and historic area of Mayfair, visiting Shepherd’s Market and Jermyn Street, and onto Piccadilly, Leicester Square and the famous theatreland of Covent Garden. Hear a talk from Alex Attewell on Nightingale before a farewell dinner in the evening.

Next morning fly back to the US or join the four night extension to Istanbul, which examines Nightingale in Istanbul and is led by Natasha McEnroe, Director of the Florence Nightingale Museum in London.
## Itinerary 9 – 14 October 2014

5 nights London - Day trip to Derbyshire - Day trip to Hampshire

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<tr>
<th>Date</th>
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<th>Events / Activities</th>
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| 9 Oct (Thur) | London                    | Am: Arrive London Heathrow and transfer to the Grange Holborn  
                    | Pm: At leisure. Talk: "The life and work of Florence Nightingale; a biographical overview" Alex Attewell  
                    | Eve: Welcome dinner                                                               |
| 10 Oct (Fri) | London                    | Am: Talk: "The lessons from Scutari" Alex Attewell. Visit via public transport the Old Operating Theatre  
                    | Pm: See St Thomas’ Hospital and visit the Florence Nightingale Museum  
                    | Eve: Optional West End show                                                       |
| 11 Oct (Sat) | London / Hampshire        | Am: Drive to Stonehenge and visit the ancient site. Continue to St Margaret’s Church in West Wellow. Visit the grave of Florence Nightingale. Continue onto to visit her home at Embley Park*  
                    | Pm: Talk: "Nursing icons: a disputed territory" Alex Attewell  
                    |                   | Drive to Winchester and take a guided tour of Winchester Cathedral               |
| 12 Oct (Sun) | London / Derbyshire       | Am: Meet with the chair of the Florence Nightingale Derbyshire Association, Pat Smedley, and drive to Whatstandwell Station. Talk: "The Early Life of Florence Nightingale" Pat Smedley. Continue to Nightingale’s childhood home, the village of Lea Hurst  
                    | Pm: Lunch at the Jug and Glass Inn. Return to London                               |
| 13 Oct (Mon) | London                    | Am: At leisure or take an optional guided tour of London through Mayfair and Shepherd’s Market, Jermyn Street, Piccadilly, Leicester Square and Convent Garden theatreland. Talk: "Florence Nightingale and her Legacy" Alex Attewell  
                    | Eve: Farewell dinner                                                               |
| 14 Oct (Tue) | London                    | Am: Depart for flight to the US or take extension to Istanbul from 14 – 18 October |

* Embley Park is a school and entrance is subject to the school’s permission at the time

Florence Nightingale statue, London
Tour Leader

Alex Attewell is the former Director of the Florence Nightingale Museum in St Thomas’ Hospital in London. A history graduate of the University of Bristol, Alex trained as a social history Curator at Leicester University, qualifying with the AMA in 1992. Alex has written, broadcast and lectured on Florence Nightingale for over 20 years. He has served on the board of several museums and galleries in London. He also works as a translator and writer in the heritage sector.

Tour Guide

Pat Smedley is a qualified history teacher and a Nightingale nurse with over thirty years experience in the UK and internationally. Pat has led tours in the Florence Nightingale Museum for several years, was chairman of the Friends of the Florence Nightingale Museum and was instrumental in establishing the Florence Nightingale Derbyshire Association.

“The guides were excellent... They were very knowledgeable and loved their work.”

Zena Kinne, Florence Nightingale tour to England, 2 – 9 June 2013

The cost of the tour is $2,097

The cost includes:

- Tour leader and speaker (Alex Attewell)
- Five nights’ accommodation on a sharing basis in a 5-star hotel in central London
- The single supplement for the five nights is $490 per person
- Breakfast daily
- Welcome dinner, pub lunch, farewell dinner
- Airport transfers
- All travel as per the itinerary
- Zone 1 and 2 Tube passes on 10th October
- Pat Smedley to accompany group on the 12th October
- All admission fees

The cost excludes:

- International flights between US and London
- Meals not mentioned
- All personal extras such as tips, porterage, laundry, inoculation fees and drinks
- Travel insurance
- All optional excursions, tours and visits

Travel insurance information will be sent to you from the Indiana University Alumni Association when you book this trip.

“(Alex is) splendid – informative, fun, organised, and caring for individual; ideal tour leader – 5 stars.”

Bobbie Richards, US Health Worker, Florence Nightingale Tour, March 2010

Hotel

Grange Holborn Hotel (London)
The Grange Holborn is a sophisticated 5-star hotel, located near London’s West End, Covent Garden and Theatreland. The hotel features 201 luxury guest bedrooms and suites, fitted with modern amenities including LCD flat screen televisions, en-suite marble bathrooms with luxury toiletries and king and queen sized beds. Hotel facilities include a bar and restaurants and a luxury Health and Fitness Club with swimming pool and Spa.

The swimming pool at the Grange Holborn Hotel
About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Linda Brown, Florence Nightingale tour to England, June 2013

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